

# WINTER SUBURBN SWIM LEAGUE CHAMPIONSHIPS 2013

<b>B MEET</b>	MILFORD HIGH SCHOOL MILFORD	<b>March 2<sup>ND</sup></b>	AM	PM	
			7:30	3:00	Warm up begins
			8:00	3:30	Scratches due
			8:00	3:30	*Workers meeting
			8:30	4:00	Meet begins

<b>A MEET</b>	BU University	<b>MARCH 10<sup>TH</sup></b>			
			7:30		Warm up begins
			8:00		Scratches due
			8:00		*Workers meeting
			8:45		Meet begins

**\* EVERY TEAM MUST SEND THEIR WORKERS TO THE WORKERS MEETING**

## MEET ENTRIES

**“B” ENTRIES ARE DUE FRIDAY, FEB. 22<sup>nd</sup> , NO LATER THAN 9:00PM TO ANN BOUDROT AT [waterlog163@verizon.net](mailto:waterlog163@verizon.net). YOU MUST SEND YOUR ENTRIES IN MEET MANAGER IN A ZIP FILE. YOU MUST NAME THE “B” CHAMPIONSHIPS B CHAMPIONSHIP MEET. SET UP YOUR MEET USING BOYS AND GIRLS AND THE MEET NAME IS WSSL B CHAMPIONSHIPS AM IF YOU ARE IN THE MORNING AND WSSL B CHAMPIONSHIPS PM IF YOU ARE IN THE AFTERNOON. “A” CHAMPIONSHIP ENTRIES ARE DUE ON FRIDAY, MARCH 1<sup>st</sup> . **THERE WILL BE A \$200 FEE FOR ALL LATE ENTRIES.****

- 1. TEAM MEET ROSTER** - List of team members and meets they participated in during the season.
- 2. SEASON RECORD** – **This should include results from your division of the league only.**
- 3. PARENT SUPERVISOR LIST** – One supervisor for every **ten children** you bring to the meet.
- 4. LIST OF WORKERS FOR ALL MEETS**

## MEET PREPERATION

- 1. SEEDING:** will be done by Ann Boudrot
- 2. PROGRAMS:** will be prepared by and printed by ANN BOUDROT.
- 3. T-SHIRTS:** will be designed and purchased by ANN BOUDROT.
- 4. AWARDS:** will be purchased by JUJU MUCCIACCIO.
- 5. LIFEGUARDS:** will be arranged by ARNIE COHEN.
- 6. OFFICIALS:** are being arranged by MARY POHLMAN Head official must be designated prior to meet day. Officials will be instructed to judge all age groups and levels by the same USS Swimming and WSSL standards.
- 7. FOOD:** At Milford will be sold by Milford team, BU will take care of it.
- 8. ELECTRONIC TIMING** Will be supplied by ANN BOUDROT/NEWTON
- 9. FIRST AID KITS** for B meet AM Brookline, B meet PM Norwood, A meet Belmont.

**WARM UP SCHEDULE:** Teams may only swim at their designated warm up time. Teams must be supervised. No diving will be allowed for the first five minutes of warm up for each team. Cones for the blocks will be supplied. The first team listed will be in lanes 1,2,3 and the second team will be in lanes 4,5,6. Coaches are responsible for getting their teams in the water on time. Warm up will not start until monitors are in place.

### **“A” MEET**

7:30-7:40 Westboro,Norwood,Brookline

7:42-7:52 Sudbury, Natick, Belmont

7:54-8:04 Westwood,Weston,AB

8:06-8:16 Framingham,Milford,Dedham

8:16-8:26 Newton, Wellesley

### **“B” AM MEET:**

7:30-7:40 **Wellesley, Norwood**

7:42-7:52 **Brookline, Natick**

7:54-8:04 **Framingham, Milford**

8:06-8:16 **Dedham**

### **“B” PM MEET**

3:00-3:10 **AB,Belmont**

3:12-3:22 **Sudbury, Weston**

3:24-3:34 **Newton, Norwood**

3:36-3:46 **Westwood**

### **MEET DUTIES**

1. **BULLPEN:** 4 people each meet. The bullpen will be located in the locker room.

A MEET

“B” AM MEET

“B” PM MEET

Natick

Natick

Westwood

3. **PLACERS:** 2 people each meet. Move swimmers from the bench to the blocks.

A MEET

“B” AM MEET

“B” PM MEET

Newton

Framingham

Newton

### **3A. HALL WALKERS WITH SWIMMERS:**

A MEET

B AM MEET

B PM MEET

Dedham

Brookline

Sudbury

### **4. Warm-up Monitors:**

“A” MEET

“B”AM MEET

“B” PM MEET

AB

Dedham

Belmont

Framingham

Milford

Weston

Dedham

Westboro

Newton

Brookline\*

Wellesley\*

Norwood\*

**MONITORS** must report to Ann Boudrot 10 minutes before the beginning of warm ups. Warm ups will not begin until monitors are in place. One monitor will be located in each corner of the pool during the entire warm up period. Monitors are responsible for watching the pool and swimmers during warm up to keep order and make sure no diving occurs except from the blocks during the time allowed. One monitor will have the job of head monitor (indicated by \*). The head monitor will indicate time change to the teams by blowing a whistle, and will be in charge of moving the cones on the blocks.

2. **RUNNERS:** 1 person each meet.
 

A MEET	“B” AM MEET	“B” PM MEET
Westboro	Brookline	Sudbury
3. **RIBBON LABELERS:** 2 people each meet.
 

“A” MEET	“B” AM MEET	“B” PM MEET
Westwood	Dedham	Belmont
4. **HALL MONITORS:** 1 person each meet.
 

“A” MEET	“B” AM MEET	“B” PM MEET
Wellesley	Milford	Sudbury
5. **POSTER OF RESULTS:** 1 person each meet.
 

“A” MEET	“B” AM MEET	“B” PM MEET
JuJu Mucciaccio	JuJu Mucciaccio	JuJu Mucciaccio
6. **COPIER:**

“A” MEET	“B” AM MEET	“B” PM MEET
Ann Boudrot	Ann Boudrot	Ann Boudrot
7. **SELL T-SHIRTS & PROGRAMS:** 3 people each meet. Each team is responsible for staying until all T-shirts and programs are sold or Ann Boudrot says we are done selling!!!!
 

“A” MEET	“B” AM MEET	“B” PM MEET
Brookline	Wellesley	AB
8. **TIMERS:** 3 people each team.
 

Lane	“A” MEET	“B” AM MEET	“B” PM MEET
1	Wellesley	Framingham	Westwood
2	Dedham	Natick	Weston
3	Newton	Westboro	Belmont
4	Sudbury	Milford	Newton
5	Milford	Brookline	Sudbury
6	Belmont	Wellesley	Norwood
7	Brookline	Dedham*	Brookline*
8	AB		
9	Framingham		
10	Weston		
11*	Westboro		

**TIMERS** should report to the scheduled worker meeting. Each team listed must supply 3 **TIMERS** and a **WATCH** for the B meet and 4 **TIMERS** and a **WATCH** for the A meet. Timers and their equipment will be needed and should plan to man their lanes ALL DAY. There will not be two timers from the same team in a lane. The number 7\*& 11\* indicates the team that is responsible for extra watches to be used at the start of each race in case there is a malfunctioning watch.

## **AWARDS:**

THE FOLLOWING AWARDS WILL BE GIVEN THIS SEASON.

- LEAGUE DIVISION WINNER 2
  - A CHAMPIONSHIP WINNER 1
  - A CHAMPIONSHIP RUNNER UP 1
  - B CHAMPIONSHIP WINNER 1 AM & PM
  - B CHAMPIONSHIP RUNNER UP 1 AM & PM
  - A & B AGE GROUP TROPHIES 2 trophy for each age group each meet.
- (GIRLS AND BOYS)  
MEDALS 1-8 PLACE  
RIBBONS 9-16 PLACE